

Policy 5280 WRESTLING

Changes Approved 5/11/11

I. Scheduling

League schedules will be determined by divisions.
Home site for regular season meet will rotate each year.
Division schedule will rotate every two years with the last game being moved to first and other games moved back accordingly.
Division matches will be held on Wednesday night.

II. Division Championship Determination

The division meet will count one-half toward the overall championship. A win is worth two points in the standing, a tie is worth one point, and a loss is worth zero points.
Regular season champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish.
League tournament champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish.
Regular season points will be added to tournament points and the team with the highest point total will be declared the champion.

III. Starting Time

- . JV: 5:30-Will wrestle on a third mat or in between matches.
- . Varsity: Dual Matches will begin at 6:00 p.m. Double Dual Matches will begin at 5:30 p.m.

IV. Rules of the Game

- . All MHSAA and National Federation rules will be followed.
- . The *National Anthem* will be played before the varsity match only.
- . Each team will clean-up their own blood spills.
- . Home weigh-in will be used.

V. Host School Responsibilities

Provide a MHSAA registered official.
Equipment necessary to run the match.
Water, ice, and blood cleaner will be provided for both teams.
Locker room facilities for the visiting team.
Certified athletic trainer or doctor (if possible).
Visiting teams are expected to provide its own athletic training tape.

VI. Reporting Scores

The host school will report scores to:
Jackson Citizen Patriot (877-270-9533)
Email rmcgowan@mlive.com or ehammis@mlive.com
Lansing State Journal (800-365-1068)
Email sports@lsj.com

VII. Pre-Game and Warm-Up

The mat is to be available thirty-minutes prior to the start of the match.

VIII. Make-Up Dates

Postponed matches will be rescheduled prior to the division tournament.

IX. Regular Season Match Format

All varsity matches will be two-minute periods.
The starting weight will be drawn in the presence of both coaches and the referee.
JV matches will be two-minute periods unless both coaches agree to shorter periods.

X. Division Tournament

A division meet will be held the Saturday prior to the Districts.
The host school will be rotated each year by alphabetical order.
The division meet will be run as an individual meet.
A seeding meeting will take place at the host school the night before the division meet.
JV division meet will be held at the discretion of each division and must be determined before the season starts. No trophies or medals will be awarded.
The host school will hire one more official than mats being used at the varsity division meet.
The varsity matches for first and second and the matches for third and fourth will be wrestled at the same time on different mats.