

Policy 5240 SWIMMING AND DIVING (Boys/Girls)

Approved Changes 5/11/11, Approved 4/10/13

I. Scheduling

- A. The schedule will be a single round-robin.
- B. The home site will rotate each year.
- C. League schedule will rotate every two years with the last game being moved to the first and other games moved back accordingly.
- D. Boys swim meets will be scheduled on Tuesday, Thursday, or Friday.
- E. Girls swim meets will be scheduled on Thursday.

II. Division Championship

- A. Two points for a win, one point for a tie, and zero points for a loss.
- B. Regular season will count one-half toward the overall championship.
- C. The division meet will count one-half toward the overall championship.
- D. Regular season champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish. Ties will split points.
- E. League tournament champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish.
- F. Regular season points will be added to tournament points and team with the highest point total will be declared the champion.

III. Start Times

- A. Recommended start time for regular season meets is 6:00 p.m.
- B. The pool must be available for warm-ups no later than one hour prior to start time.

IV. Rules of the Game

- A. All MHSAA and National Federation rules will be followed.

V. Regular Season Format

- A. Line-up sheets shall be submitted by coaches prior to the dual meet.
- B. Coaches agree that alterations of the line-up may take place in accordance with the National Federation rules.
- C. All dual meets will use six-lane scoring. Alternate scoring may be used by prior mutual consent with 24 hours advanced notice.
- D. In diving, judging shall be done by one coach from each team and one official. Or, by one coach and two officials.
- E. If a school can not host diving competition, the Athletic Director must notify all schools within 48 hours of the event.

VI. Host School Responsibility

- A. Provide MHSAA registered officials as follows:
 - 1. Varsity: 2 Officials Preferred. One official if a second official is not available.
- B. Water and ice will be provided for both teams.
- C. Locker room facilities for the visiting team.
- D. Certified athletic trainer or doctor (if possible).
- E. Visiting teams are expected to provide its own athletic training tape.
- F. Adult scorer for the varsity meet.

VII. Make-Up Dates

- A. Postponed meets will be made up the next available date.

VIII. Reporting Scores

- A. The host school will report scores to:
Jackson Citizen Patriot (877-270-9533)
Email rmcgowan@mlive.com or ehammis@mlive.com
Lansing State Journal (800-365-1068)
Email sports@lsj.com
MISCA Zone 7 VP or Designee

IX. League Meet

- A. The meet will be conducted on the Friday and Saturday two weeks prior to the MHSAA final meet.
- B. Meet must be held in an eight-lane pool, scoring 16 places with a separate warm down area.
- C. Electronic timing and judging devices shall be utilized.
- D. The championship meet will be rotated by school, in alphabetical order, and conducted at the site designated by the host school.
- E. If a school chooses not to host, the next school in alphabetical order shall host the meet.
- F. Preliminaries will be held on Friday and finals on Saturday.
- G. Diving preliminaries will be held at the discretion of the host school.
- H. Diving finals will be held during the course of the meet on Saturday.
- I. Individual Entries
 - 1. Each school will be allowed 36 individual entries. Additional scoring or non-scoring entries may be allowed at the discretion of each division by simple majority vote.
 - 2. There is no limit to the number of entries that can be made in any individual event.

3. Individual best times from the current season will be submitted for seeding purposes.

J. Relay Entries

1. Relays will be conducted in both the prelims and the finals.
2. Schools may enter up to two relay teams per event, designated "A" and "B".
3. "B" relays will be marked as exhibition for both prelims and finals, and therefore, may not score or place ahead of a qualified "A" relay team.
4. All "A" relay teams will swim in the championship finals. Remaining spots in the championship finals heat will be filled by "B" relays based on their prelim times.
5. A coach shall designate relay entries prior to the meet by submitting entry times for both "A" and "B" relays. Names are not required at that time.
6. Relay cards listing at least four names per relay and up to eight names must be given to the meet director at least one hour before the start of the prelims.
7. The actual four person line up order shall be declared in writing at least 15 minutes before the start of the meet. They may be changed any time before the "call to the starting platform" is announced.
8. A copy of the relay entry card submitted at the prelim competition shall be given to each coach so they can declare which of the swimmers (up to 8) will swim in the final or consolation final.
9. Once a swimmer is designation as a participant in a relay event on an "A" or "B" team, it shall count as one of the four events allowed. However, a swimmer may move from a prelim "A" relay to the same or a different finals "B" relay without penalty as long as the swimmer does not violate entry limitations on the second day of the meet.

X. Awards

- A. The awards provided for by the *CAAC Constitution* shall be the only awards authorized and presented on behalf of the CAAC.

XI. Divisions

- A. Every two years Athletic Directors will address realignment of the red and blue swim divisions.
- B. Between two mutual agreeing schools, a divisional change may be considered provided the coaches and Athletic Directors in the league are in agreement. The change must be a joint move that includes both the boys and girls programs within the schools involved. Once the schools have opted up or down the decision stands until there is another agreement between mutual parties and the league as a whole.
- C. For scheduling purposes opting up or down must take place prior to May 1.